

# LUNCH

WEDNESDAY, JANUARY 27, 2021

## MEXICAN CHICKEN



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
415	415mg	22g	34g	5g	145mg	0g

## CARNITAS (2 tortillas)



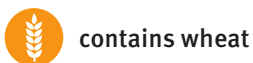
carnita meat requested without a tortilla is GF

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
437	827mg	26g	21g	36g	73mg	2g

## TAMALE PIE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
212	615mg	11g	8g	24g	10mg	5g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

# DINNER

WEDNESDAY, FEBRUARY 27, 2021

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## MAPLE PECAN CHICKEN

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
400	150mg	22g	30g	10g	125mg	0g

## CREOLE CASSEROLE

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
267	750mg	15g	15g	18g	40mg	2g


## CAJUN SAUTÉ

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
140	150mg	5g	5g	20g	0mg	6g

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 contains wheat

 contains egg

 contains milk

 vegetarian


 vegan

 contains pork

 contains fish

 contains shellfish

 contains nuts

 ask about allergen